



GASTRIC BALLOONS

4 STEP GUIDE



Welcome to our introduction to gastric balloons. We hope this 4 step guide will help you make the best-informed decision about your weight loss journey. You will learn what a gastric balloon is and the benefits of having this procedure, how your body will react, which type of balloon can best serve your needs, and your eligibility for the Spatz3 - the only adjustable balloon on the market.

STEP 1

What is a Gastric Balloon and its benefits?

A gastric balloon is a non-surgical procedure that assists you in achieving successful weight loss. It is a soft, round silicone balloon that is implanted in the stomach via a 15-minute endoscopic outpatient procedure. This is done under conscious sedation, and patients are able to go home an hour later.



When filled with saline, the balloon will begin to occupy about one-third of your stomach's volume. Accordingly, this helps to reduce your appetite by prolonging the feeling of being full, giving you less desire to continue eating more than is needed. In addition, stomach emptying is delayed, thereby keeping food in the stomach for a longer period of time.

Worldwide, the gastric balloon is perceived as a clinically proven tool in reducing excess weight. While quickly becoming more accepted in recent years throughout the United States, they have been used successfully around the world for the last 30 years. They provide an alternative and less invasive option to bariatric surgery.

This non-surgical treatment helps you regain control of your weight when used in harmony with a professionally supervised behavior modification program and diet. It can help you to achieve and maintain the health and aesthetic benefits associated with weight loss. In fact, over the past 30 years, more than 300,000 people have lost an average of 22-66 lbs of weight with the assistance of gastric balloons.

STEP 2

Balloon timeframes and challenges

Gastric balloons are typically "one-size-fits-all," and statistics show that one out of ten people may be intolerant to a gastric balloon. Additionally, almost all gastric balloons lose effect by the fourth month as the stomach begins to adapt to the balloon.

As you will learn through this 4-step guide, the unique Spatz3 adjustability feature can help overcome the limitations of non-adjustable gastric balloons.

While the effective treatment time varies from patient to patient, the Spatz3 adjustability allows for extended treatment time which leads to increased weight loss results. While patients outside the US have seen the usage of up to 12 months, FDA trials in the US have focused on an 8 month period.

While the best weight loss results are essential when choosing a gastric balloon, you will also want to focus on which balloon will provide the highest chances for a successful outcome.



STEP 3

Why is adjustability important?

When choosing a gastric balloon for weight loss, you're going to want the safest and most effective system available; that's where the ability to adjust your balloon is key.

When the initial balloon volume remains the same throughout the entire treatment period, the body will eventually learn to cope with the balloon causing it to begin to lose its effectiveness. This results in a weight loss plateau and in some cases, one can even start to regain weight around the fourth month.

When using an adjustable balloon, the balloon volume can be changed during the treatment period, which can extend the treatment effectiveness and help to prolong the weight loss results.

While it is unfortunate, there is also a 10% chance you may have an intolerance to the gastric balloon, which may result in a premature balloon extraction. However, when using an adjustable balloon, you can reduce the balloon volume for such patients, which can alleviate the intolerance and will allow them to continue with balloon therapy.

There is currently only one adjustable gastric balloon in the world - the Spatz3 Adjustable Balloon and its adjustability feature sets it

far apart from its competition as showcased in a non-comparative FDA study.

So far, five intragastric balloons have been tested in the US FDA trials: Orbera, Obalon, Reshape, Transpyloric Shuttle, and the Spatz3 Adjustable Balloon. All five balloons have been tested under strict clinical trial protocols under similar conditions.

The Spatz3 Adjustable Gastric Balloon offers the highest weight loss results and highest success rates of 8-month Gastric Balloons, with 15% weight loss and 84% success rates.

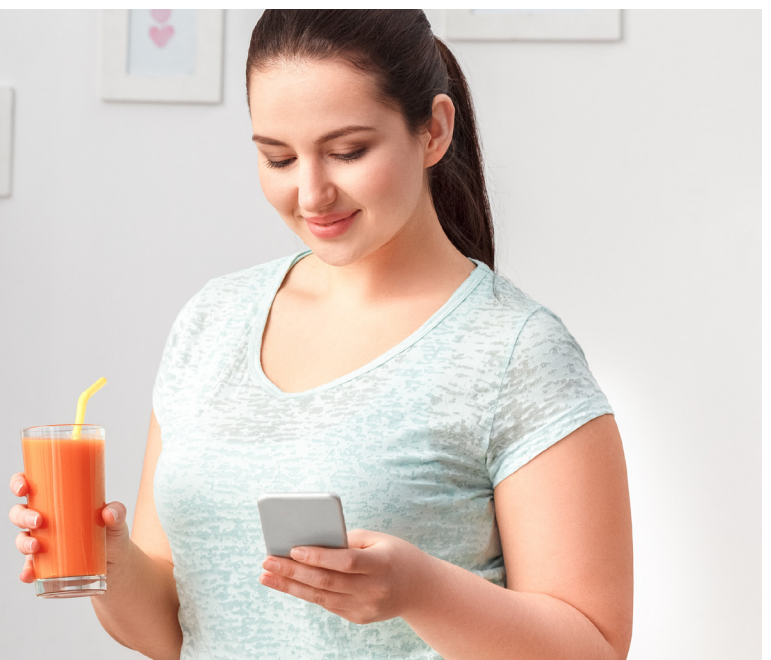
In non-comparative studies, non-adjustable balloons reported the following results:

Orbera achieved 10.2% weight loss and 46.4% success rates;

Obalon achieved 6.6% weight loss and 24.7% success rates;

and Trans Pyloric Shuttle achieved 9.4% weight loss with 38.7% success rates.

The Spatz3 Adjustable Gastric Balloon offers the highest weight loss results and highest success rates of 8-month Gastric Balloons



STEP 4

Am I eligible for a Gastric Balloon?

The decision to undergo gastric balloon therapy must be made in consultation with a qualified physician, because patients with certain medical conditions may not be eligible for Spatz3 Adjustable Balloon implantation. For example, if you have had a previous gastric surgery, you would not be eligible for this procedure.

The ideal candidate for this procedure is someone who would be considered medically obese. In particular, someone with a Body Mass Index between 30-40 is best suited for this product. Your individual motivation and willingness to comply with dietary changes and behavior modification are also important factors in your success with the Spatz3 Adjustable Balloon.

If you are unsure of your current BMI, you can visit our online calculator to better understand your eligibility.

[BMI CALCULATOR](#)

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At Spatz Medical, we are fully committed to helping you through your weight loss journey. Whether you are interested in consulting with a doctor or just looking for some more information, we are here to help.

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